



## Encyclopedia of Magickal Ingredients: A Wiccan Guide to Spellcasting

By Lexa Rosean

Simon & Schuster. Paperback. Book Condition: new. BRAND NEW, Encyclopedia of Magickal Ingredients: A Wiccan Guide to Spellcasting, Lexa Rosean, When it comes to matters of the occult, Lexa Rosean is in a league of her own. Named a 'psychic of the moment' by the New York Post, Lexa will work her magic in two upcoming documentaries on the subject of Wicca. Now, with this extraordinary new book, Lexa offers a reference that only someone with her rare depth of arcane knowledge could possibly produce. Featuring more than 600 entries, "Encyclopedia of Magickal Ingredients" offers spellbinding facts about every herb, spice, flower, vegetable, fruit, metal and colour that plays a role in the magical universe. Readers will learn why asparagus is eaten for power, protection, prosperity and sexual stamina; that potatoes, sacred to the moon, were the original substance from which voodoo dolls were carved; that salt, one of the most precious substances of the earth, is used in Wicca to purify and create the sacred circle (and was once used to pay wages in ancient Rome); and much, much more. Remarkably detailed and endlessly fascinating, this book is destined to become an indispensable addition to every occult library.



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