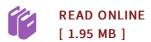




## Relax to the Max: 60 Candles, Scents, Soaps and Potpourri Crafts to Create Your Own Bliss

By Rosevita Warda, M.Lou Luchsinger, Marie Browning, Dawn Cusick

Sterling Publishing Co Inc. Paperback. Book Condition: new. BRAND NEW, Relax to the Max: 60 Candles, Scents, Soaps and Potpourri Crafts to Create Your Own Bliss, Rosevita Warda, M.Lou Luchsinger, Marie Browning, Dawn Cusick, Slow down (maybe even stop), and smell the roses--and the jasmine, sandalwood, peppermint, and citrus blends, too. These remarkable fragrant candles, soaps, and potpourris make it simple for overworked, stressed-out women to experience the relaxing pleasures of aromatherapy every day. Each deliciously aromatic item in this lushly illustrated manual uses pure essential oils that promote a sense of health and well being. Whether the oil permeates the air or gets absorbed through the skin, it works its magic. An introduction explains aromatherapy's benefits, and provides hints for purchasing, blending, and storing the oils. With the help of easy-to-follow directions, create a Lifting Lavender Embedded Marble Candle; muscle soothing Relief Bath with juniper, rosemary, lemon, and eucalyptus; Serenlty Now soap with patchouli; and Spicy Potpourri.



## Reviews

This type of ebook is every little thing and made me looking ahead of time and more. It is among the most amazing book i actually have read through. Its been designed in an exceptionally simple way in fact it is simply soon after i finished reading through this pdf in which actually transformed me, change the way i believe.

-- Dr. Ron Kovacek

Good electronic book and valuable one. Of course, it is actually perform, still an interesting and amazing literature. You may like how the author publish this pdf.

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