



## Healthy Smoothie Recipes: Delicious Smoothie Recipes for Weight Loss (Paperback)

By Hannie P Scott

Createspace Independent Publishing Platform, United States, 2015. Paperback. Book Condition: New. 229 x 152 mm. Language: English . Brand New Book \*\*\*\*\* Print on Demand \*\*\*\*\*.HEALTHY SMOOTHIE RECIPES--- Delicious Smoothie Recipes for Weight Loss Are you looking for some delicious smoothie recipes to lose weight? This simple and easy recipe book has step-by-step smoothie recipes that will allow you to enjoy tasty smoothies and lose weight! You will impress your friends and family with these delicious recipes. These recipes are SO SIMPLE! Before long you ll have everyone asking for more. With a nice variety of delicious smoothie recipes, you can please everyone (even the picky eaters)! This book includes recipes for: -Fruit Smoothies- Green Smoothies- Chocolate Smoothies- Peanut Butter Smoothies- AND MORE! Hannie P. Scott is a best-selling author that knows a thing or two about cooking! Cooking and experimenting with foods is her life passion. Driven by her desire for cooking for others (and herself), Hannie spends a lot of time in the kitchen! She enjoys sharing her love of food with the world by creating no-nonsense recipe books that anyone can use.



**READ ONLINE**  
[ 1.65 MB ]

### Reviews

*The ideal ebook i actually read through. It really is written in simple words and phrases and not confusing. Its been written in an remarkably simple way and it is just after i finished reading this ebook where in fact modified me, affect the way i think.*

-- **Alice Cremin**

*If you need to adding benefit, a must buy book. It really is written in straightforward words and phrases and not confusing. You will not feel monotony at anytime of your respective time (that's what catalogues are for concerning if you ask me).*

-- **Dr. Celestino Treutel**